

TAKE ACTION

- Call on Congress to take action by passing two House resolutions that condemn this rising tide of racist hatred and aim to curb the damaging effects of anti-Asian bias and violence.
- Condemn hate and violence against Asian American women by joining the National Asian Pacific American Women's Forum in asking your elected officials to condemn this hate.
- Sign on to a community response to decry misogyny, systemic violence, and white supremacy, organized by Asian Americans Advancing Justice Atlanta.
- Take part in Bystander Intervention Virtual Trainings with Asian Americans Advancing Justice | AAJC.
- Take part in Committee of 100's Seven-Point Plan to Combat Increasing Violence Targeting Asian Americans

REPORT AN INCIDENT

- Report an incident to Stop AAPI Hate
- Report an incident to ADL

FOLLOW, SHARE CONTENT, AND SUPPORT THE FOLLOWING ORGANIZATIONS

- **Stop AAPI Hate:** The Stop AAPI Hate Center tracks and responds to incidents of hate, violence, harassment, discrimination, shunning, and child bullying against Asian Americans and Pacific Islanders in the US.
- **Protect All People:** Social media campaign to raise awareness and take action against Anti-Asian Hate.
- **Movement Hub:** a centralized platform created to amplify the on-the-ground activism and organizing within Asian American and Pacific Islander (AAPI) communities across the country.
- **National Asian Pacific American Women's Forum (NAPAWF):** works to build a movement for social, political, and structural change for Asian American and Pacific Islander (AAPI) women and girls. @napawf (Offices in Atlanta, NYC, Los Angeles, Chicago, Washington DC)
- **Asian American Legal Defense Fund:** protects and promotes the civil rights of Asian Americans.

- **OCA - Asian Pacific American Advocates:** grassroots chapter-based organization that focuses on the social, political, and economic well-being of AAPIs.
- **Asian American Advancing Justice:** advocates for an America in which all Americans can benefit equally from, and contribute to, the American dream.
- **Japanese American Citizens League:** The JAACL monitors and responds to issues that enhance or threaten the civil and human rights of all Americans and implements strategies to effect positive social change, particularly to the Asian Pacific American Community.

EDUCATION RESOURCES

- **Challenging Anti-Asian Bias and Acting as an Ally (ADL Collection)**
- **Responding to Anti-Asian Violence and Georgia Shootings (Learning for Justice)**

IF YOU OR SOMEONE YOU LOVE ARE IN NEED OF MENTAL HEALTH SUPPORT, PLEASE UTILIZE THESE RESOURCES.

- **The Crisisline:** Text “CONNECT” to 741741 or 1-800-273-TALK
 - **Asian Languages:** 1-877-990-8585
- **Racial Trauma Toolkit (Boston College)**
- **APISAA (Asian Pacific Islander South Asian American) Therapist Directory (Asian Mental Health Collective)**
- **@asianmentalhealthcollective**